



amta
american massage therapy association®
Kansas



***The Mission of the AMTA Kansas Chapter
is to advance the profession of massage therapy
through service to its members.***

SE Quarterly #3-M 2015

**AMTA-KS will be having our Spring Meeting
March 4, 5, and 6th, 2016**

Class: Craniosacral Therapy Level 1 - 14 hours

Where: Asbury Lodge at Camp Chippewa in Ottawa, Kansas

Cost for class: Members \$140.00 Non-Members \$210.00

Max in class 50

Lodging and Food: \$100.00

go to: www.amta-ks.org website for complete details to register.



Ken DiPersio, BCST, CST-T, CNMT, LMT, is a Florida Licensed Massage Therapist with 21 years' clinical experience in various settings including The Upledger Institute Brain and Cord Intensive Therapy Center, Venice Hospital Surgery, Manatee Hospital Cardiac Intensive Care Unit, Tampa General Hospital, Family Chiropractic, Full Spectrum Health Nutritional Clinic, and private practice. In 1991, shortly after receiving state licensure, he became certified as a Neuromuscular Therapist.

Craniosacral Therapy training began in 1991 with the Upledger Institute, in 1997 with John Upledger, DO, and has continued from 2007 to the present with Michael Shea, Upledger PhD., BCST. Mr. DiPersio completed all levels of Upledger CST instruction through Advanced Level 2, was certified CST-T by John Upledger in 1997, served as an assistant to Dr. Upledger in Advanced Level training and was certified to instruct Upledger CST Level 1 in 1999. In 2011, after a 3 year foundational training, Mr. DiPersio received his diploma from the International School for Biodynamic Craniosacral Therapy.

Mr. DiPersio has taught over 500 classes with thousands of students for The Upledger Institute, Kaiser College Occupational Therapy Assistant Curriculum, Cross Country Education, the Sarasota School of Massage Therapy, Teaching Pic1Independent Living Pediatrics, the Florida State Massage Therapy Association, the Sarasota School of Natural Healing Arts, Sarasota Memorial Hospital and KJD Therapy, Inc. Mr. DiPersio currently practices CST at MindSpa Integrative Wellness Center, Sarasota, FL and has a private practice in St. Petersburg, FL.

Mr. DiPersio works with a wide range of clients, generally referred by other practitioners, including physicians, chiropractic physicians, nutritional counselors, physical therapists, occupational therapists, and massage therapists. He has extensive clinical experience and most often works with people that are not reaching therapeutic goals with traditional therapy and medical intervention. With over 20 years of experience, Craniosacral Therapy has been effective for a wide range of conditions including, pain, loss of function, inflammation, neurological dysfunction, cranial nerve dysfunction, loss of smell, tactile sense, short term memory loss, visual disturbances, headaches and migraines, cervical pain/strain, post-surgical complications, coma, developmental delays, lumbar/ sciatic pain, restless leg syndrome, balance and gait problems, and many other conditions.

AMTA Spring Meeting March 4, 5, 6th

Place:

Asbury Lodge at Camp Chippewa outside Ottawa, Kansas

Time

Friday evening from 7-9, Saturday 9-5:30 and Sunday 9-3

Class

Cranial Sacral Techniques Level 1 it will be 14 hours. You will need to bring your massage table and a sheet.

Comfy/loose fitting clothing to be able to work on each other

This course is an exciting, hands on therapy experience that supports you in reaching a deeper understanding of each individual you seek to help.

Exercises in mindful awareness bring deep insights into the clients' physiological patterns that inhibit health. You will gain knowledge of developmental embryological patterns that provide the template to restore health and balance. With awareness and understanding, you will recognize

root causes of dysfunction that arise through injury, trauma experience, genetics, disease and other causes.

Craniosacral Therapy: Body Release Techniques, teaches perceptual palpation of the structural body, the fluid body within the structure, and the underlying frequencies and fields of energy. In a systematic approach, through lecture, demonstration, mindfulness exercises and practical, hands on technique labs, you will use the knowledge and skills gained to perform release techniques for the whole body. Each technique is a window into the wholeness, designed to offer profound results in the path toward wellbeing.

In this course the emphasis is on accessing the fluid body through the window of the fascia. Fascia contains the fluid and is under the direct influence of fluid body shape and tension. Biophysics states that, in the body, the container takes the shape of the fluid! Therefore, when we change the shape or organization of the fluid, the container (fascia) will change to contain the new shape. The need to do deep structural work is often not necessary, as the structure re-settles into its' original embryonic pattern for health under the direction of fluid changes.

CST is gentle, supportive therapy performed largely through autonomic connection, with an open mind and heart. It is from this interconnection with each other that therapist and client enter the healing process.

Craniosacral Therapy Level 1 Objectives

1. Learn the history and treatment philosophy of craniosacral therapy
2. Develop mindful body awareness
3. Name anatomy and physiology of the craniosacral system
4. Palpate the craniosacral rhythm (CSR) at seven different areas of the body
5. Locate, evaluate and assess restrictions that cause dysfunction
6. Practice documentation skills
7. Discover the properties of fascia and fascial strain patterns
8. Practice techniques to release fascial diaphragms including the pelvic, respiratory, thoracic inlet, hyoid, atlas/occipital, and cranium
9. Practice techniques to release the sacrum and hips
10. Practice techniques to release the shoulder girdle
11. Practice techniques to release the spinal meninges
12. Integrate craniosacral therapy into the massage practice

Cost

Members \$140.00 Non-members \$210

Max for class is 50.

What to bring

: You will need to bring bedding for sleeping and all of your own toiletries, towels for showering.

This cabin is 4,000 square foot building with 385 square foot wooden back deck.

-This is the largest cabin with 4 bedrooms - 2 rooms with 5 bunk beds each, and 2 rooms with 8 bunk beds each- accommodates 52 people. This cabin is fully handicap accessible. This cabin is large, has a wood burning fireplace, full kitchen with appliances and utensils. The kitchen includes 2 full size refrigerator/freezers, stoves, and ovens. 2 large bathrooms that are handicap accessible with 3 shower stalls and 3 toilets in each bathroom.

This building is heated during the winter and is right next door to the storm shelter. This cabin features multiple shelter houses close by and a large fire pit area.

Lodging and food for 2 nights

\$100 per person

AMTA-KS will have breakfast for Saturday and Sunday morning. Fruit, rolls, protein bars, juice, Lunch: for Saturday and Sunday will be Sandwiches, chips and drinks, Saturday evening will be a pot luck (please feel free to bring something to share we have a refrigerator and stove available). There is a Walmart 3 miles away so if you need something you can run and get it

**IF YOU HAVE ANY FOOD ALLERGIES PLEASE LET US KNOW ASAP
SO WE CAN ACCOMMODATE YOU!**

CAMP CHIPPEWA 2577 Idaho Road Ottawa, KS 66067-9007
Phone: 785-242-6797

If using GPS please address 2571 Idaho Road, Ottawa, KS 66067-9007

Optional Link

Can't make it to the AMTA Kansas Educations...

**Accredited Online Courses are always
available!**

[go to amtamassage.org](http://amtamassage.org)

*"Success is the ongoing process of striving to become more.
The road to success is always under construction. It is a
progressive course, not an end to be reached."
-Robbins*

**Dear AMTA Kansas members,
Well if you were not in Salina with us at the
beginning of November, you missed a fabulous education
event! George Russell was so knowledgeable and such an
engaging instructor! We will again be meeting in March**

for education and information. There is little that is as exciting as putting new useful tools in our tool box for our clients. With all the research being done on techniques and the efficacy of massage it is a wonderful time to be therapist. That alone is a great reason for attending continuing education. More importantly, we all enjoy having a positive effect on our clients, and often we run across that one person all our current tools do not work on..... It seems like after every class I find ample opportunity to use my new skills. I often wonder what others are doing without these amazing techniques. Don't be that "one therapist" who is not able to help a client... Join us for the fun, mind opening experience that is an AMTA Kansas meeting!!!

Your AMTA Kansas President, Paige

In Our Backyard

Government Relations Update

On the licensure front, we are again going for state licensing! **This is immensely important for our profession!** You may be sitting on the fence thinking your life is just fine how it is, and you may be right....

AMTA Kansas is putting this forward for all legitimate massage therapist.

We have all known at least one MT that has done questionable things or has been flat out unethical, and also wondered why they keep getting business or worse ruining the experience for a client who will now never let anyone else touch them. Well, they will not just stop getting clients, because unless those clients have seen someone who is a good therapist they will never be educated to what "good" or even "great" therapy can be like. This bill will give clients and us-professional MTs a recourse against "bad" therapist, and that will strengthen our profession!

Those of us who are members of AMTA have all had a formal education, and value the time and effort we spent acquiring said knowledge. Those who have spent years acquiring experience and knowledge have received their education differently, and licensure does not negate their efforts to be responsible MTs. It is unacceptable for someone to be portraying themselves as the same

as legitimate MT after a weekend workshop. This bill will again give us rights as professionals that other "not therapist" cannot call themselves massage therapist. This will in turn educate the public and give them confidence when seeing one of us.

Now is the time for action to protect and advance our profession!
How to Reach House Members and Senators or Find Out Who They Are

You can find the email addresses and telephone numbers of your legislators at the following links.

For Kansas House of Representative Members:

http://www.kslegislature.org/li/b2015_16/chamber/house/roster/

For Kansas Senators:

http://www.kslegislature.org/li/b2015_16/chamber/senate/roster/

Extra Important Legislators

The following Legislators are members of the House and Senate Health Committees. **If your legislator or legislators are members of these committees it is extremely critical you contact them now.** These two committees have heard our bill and they need to know you want the bill to advance.

House Health and Human Services Committee has four new members who were not on the committee last year so they did not hear our bill. If you live in their districts, please contact them. The new members include Dove (Bonner Springs area), Hildabrand (Shawnee), Powell (Olathe), Whitmer (Wichita):

Health and Human Services

Name	City	Capitol Phone	E-mail
Rep. Dan Hawkins, R-100th (Chair)	Wichita	785-296-7631	dan.hawkins@house.ks.gov
Rep. Willie Dove, R-38th (Vice Chair)	Bonner Springs	785-296-7658	willie.dove@house.ks.gov
Rep. Blake Carpenter, R-81st	Derby	785-296-7567	blake.carpenter@house.ks.gov
Rep. John Edmonds, R-112th	Great Bend	785-296-5593	john.edmonds@house.ks.gov
Rep. Bud Estes, R-119th	Dodge City	785-296-6287	bud.estes@house.ks.gov
Rep. Brett Hildabrand, R-17th	Shawnee	785-296-7331	brett.hildabrand@house.ks.gov
Rep. Dick Jones, R-52nd	Topeka	785-296-7483	dick.jones@house.ks.gov
Rep. Jim Kelly, R-11th	Independence	785-296-6014	jim.kelly@house.ks.gov
Rep. Leslie Osterman, R-97th	Wichita	785-296-7689	leslie.osterman@house.ks.gov

Rep. Randy Powell, R-30th	Olathe	785-296-5593	randy.powell@house.ks.gov
Rep. Scott Schwab, R-49th	Olathe	785-296-7501	scott.schwab@house.ks.gov
Rep. Kent Thompson, R-9th	Iola	785-296-7640	kent.thompson@house.ks.gov
Rep. John Whitmer, R-93rd	Wichita	785-296-7567	john.whitmer@house.ks.gov
Rep. Jim Ward, D-86th (Ranking Member)	Wichita	785-296-7698	jim.ward@house.ks.gov
Rep. Broderick Henderson, D-35th	Kansas City	785-296-7697	broderick.henderson@house.ks.gov
Rep. Roderick A. Houston, D-89th	Wichita	785-296-7652	roderick.houston@house.ks.gov
Rep. John Wilson, D-10th	Lawrence	785-296-7652	john.wilson@house.ks.gov

Senate Public Health and Welfare Committee:

Name	City	Capitol Phone	E-mail
Sen. Mary Pilcher Cook, R-10th (Chair)	Shawnee	785-296-7362	Mary.PilcherCook@senate.ks.gov
Sen. Michael O'Donnell, R-25th (Vice Chair)	Wichita	785-296-7391	Michael.O'Donnell@senate.ks.gov
Sen. Elaine Bowers, R-36th	Concordia	785-296-7389	Elaine.Bowers@senate.ks.gov
Sen. Jim Denning, R-8th	Overland Park	785-296-7394	Jim.Denning@senate.ks.gov
Sen. Mitch Holmes, R-33rd	St. John	785-296-7667	Mitch.Holmes@senate.ks.gov
Sen. Jacob LaTurner, R-13th	Pittsburg	785-296-7370	Jacob.LaTurner@senate.ks.gov
Sen. Garrett Love, R-38th	Montezuma	785-296-7359	Garrett.Love@senate.ks.gov
Sen. Laura Kelly, D-18th (Ranking Member)	Topeka	785-296-7365	Laura.Kelly@senate.ks.gov
Sen. David Haley, D-4th	Kansas City	785-296-7376	David.Haley@senate.ks.gov

If you do not know who your legislator is, simply go to this website and type in your address to locate your member of the House of Representatives or Senate.

www.openkansas.org

The Message You Need to Send Now!!!!

The following language should be incorporated in your own words in communication to legislators. Massage Therapists, your clients, and your family members, etc. can all use this script. *a This language is meant to be a guide for making your argument.* Please add what you feel you need to add BUT keep the message brief and less than one page focused.

"I am _____ and I live in your district. I am a massage therapist. [Provide a two sentence summary of what you do, your experience, etc.] I need your help in 2016 to pass Massage Therapist Licensure legislation. House Bill 2123 was heard in 2015 and is in the House Health Committee. Senate Bill 40 is in the Senate Health Committee. I want your help to get the House or Senate Health Committees to pass out the bills.

The bills are very similar to legislation heard since 2014 and it includes a lot of compromise language we have worked out with parties interested in our bill.

At no cost to the State, Massage Therapy Licensure will accomplish the following:

- * Provide consumer protection by creating oversight and sanctions through the Kansas State Board of Nursing
- * Increase consumer confidence by ensuring Massage Therapists are appropriately trained and following appropriate standards
- * At this time, there are NO state standards or education requirements, NO code of ethics, and NO identified contra-indications when massage therapy should not be offered
- * Most importantly, there is NO avenue for the citizens of Kansas to file any complaints

I need your support and help during the 2016 legislative session to make sure this legislation is passed. Please contact me if you have any questions."

Again, please feel free to modify this format and language to fit your email, letter or conversation.

Please, do make contact with your legislators if you want this legislation to pass!

Our bill did not pass last year due to apathy, plain and simple. The feedback we received, from legislators was that we did not appear to want this...
Even if you do not particularly care about licensure for yourself, please act for the advancement and protection of the profession as a whole!

"Be less curious about people, and more curious about ideas" -M. Curie

Volunteers Wanted

Volunteers Needed

Elections are coming! If you want to be an active voice in your AMTA KS chapter now is your chance! Elections for President, 2nd VP, HOD and Secretary will be held in March.

If you are a professional member in good standing, and are interested in what each position entails please contact Paige at presidentamtaks@gmail.com or call 785-821-4442.

We always need good ideas and enthusiasm on our fun board!

Optional Link

Next Newsletter Due Out In June 2016

We want to hear from you!

Share your voice today

Your Board of Directors has an open door policy. Please approach any one of board leaders at any time with you thoughts, opinions, ideas and things you would like to happen.

Notice, we have many leadership positions still available. Contact the the Chapter President, [Paige Harper](#) if you are wanting to join in the AMTA-KS BOD Adventure! Wanting to be involved, but not be in charge? Join one of the many committees available:

Communications/Marketing, Events, Continuing Education, Fundraising, and Government Relations.

The AMTA-KS Board of Directors is here to serve it's members!

"Life is more meaningful when you are always looking to grow and working toward a goal."

-Brown

Your AMTA Kansas Board of Directors

President-Paige Harper
presidentamtaks@gmail.com
785-821-4442

First VP- Robert Bowers
1vpamtaks@gmail.com

Second VP- Vacant
2vpamtaks@gmail.com

Third VP- Connie Brown
3vpamtaks@gmail.com

Treasurer- Andrea Dorsett
treasurer1amtaks@gmail.com

Secretary- Garrah Birdsall
secretaryamtaks@gmail.com

Member at Large- Debbie Severson
mal1amtaks@gmail.com
Optional Link

Immidiate Past President- Marla Heiger
ippamtaks@gmail.com

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